

Wrestling (There may come changes)

Friday September 2nd

12.00 – 16.00	Arrival in Tromsø, accreditation and check-in at the hotels (after 12:00)
12.00 – 18.30	Registration office in the hotel is open
17.15	Transportation to the arena
17.15 – 17.45	Medical at the arena
17.30 – 19.00	Training at the arena
17.30 – 17.45	Meeting for all leaders, referees and coaches at the arena
17.45 – 18.00	Referee meeting at the arena
18.30 – 19.30	Weigh-in at the arena
19.00	Transportation to the hotel
17.30 – 19.30	Dinner at the hotel
19.45	Walking to the Opening Ceremony in Stortorget, Tromsø
20.00 – 21.30	Opening Ceremony in Stortorget, Tromsø
21.30	Transportation to the hotels (Walking distance)

Saturday September 3rd

0630	Transportation to the arena
07.00 – 07.45	Training at the arena
07.45 – 08.15	Breakfast at the arena
07.00 – 08.30	Breakfast at the hotel
09.00	Transportation to the arena
09.30 – 11.00	Training at the arena
11.00 – 12.00	Lunch at the arena
12.00 – 16.00	Competition
16.00 – 16.15	Medal Ceremony
16.15	Transportation to the hotel
16.15 – 18.00	Training at the arena
18.00	Transportation to the hotel
17.30 – 19.30	Dinner at the hotel
19.30 – 20.00	Transportation to Get-Together in Tromsøbadet
20.00 – 22.30	Get Together – Play Together in Tromsøbadet
22.30	Transportation to the hotels

Sunday September 4th

07.00 – 09.00	Breakfast at the hotel
0800	Transportation to the arena
08.30 – 10.00	Training at the arena
10.00 – 10.30	Lunch at the arena
12.00 – 14.00	Training at the arena
1430	Transportation to the hotel
14.30 – 15.00	Home departure

Local club: Tromsø Bryteklubb
Arena: Stakkevollan Idrettshall
Contact: Thomas Sømhovd, +47 905 19 168



Barents Games is a people-to-people cooperation, which aims to develop friendship through sports in the Barents Region. Cooperation across the Barents countries gives athletes, coaches, managers and referees the opportunity to share knowledge and experience through international competitions. In addition to sports competitions, Barents Games has an overall goal of tolerance and cultural understanding across its borders - sharing the arctic spirit!

Opening Ceremony

During Barents Summer Games in Tromsø, we wish to invite you all participants and guests to this community event – where you will get the chance to meet athletes of all sports, nations, and age groups.

Time: **Friday 2nd September, kl. 20.00 – 21.30**
Location: **Stortorget, Tromsø City Centre**

The opening ceremony will take place on Friday evening, in the heart of Tromsø city. This is the official opening of the Games, where we will wish all participants, coaches, managers and invited guests a warm welcome to Tromsø and BSG 2022. The program will include speeches and cultural performances.

Get-Together – Play-Together

Time: **Saturday 3rd September, kl. 20.00 – 22.30**
Location: **Tromsøbadet and Tromsø Climbing Centre**

“Get-Together – Play-together” is a social gathering for all participants, coaches, leaders and invited guests. The evening will be spent in the magnificent Tromsøbadet. There will also be an opportunity for participants to book 1 hour of climbing in Tromsø Climbing Centre, which is in the same building. This booking can be done in the Main Secretariat at Scandic Ishavshotel when you arrive and register.

In Tromsøbadet, we will make sure you can have fun, compete in exciting games, and meet other participants from other countries or sports. Tromsø Climbing Centre will teach you the basics of climbing and provide a good challenge for the more experienced climbers – in the great climbing wall, which is suited for international competitions.

