

THE SCHEDULE:

Saturday August 8th:

10.00 – 11.30 : Weigh-in

12.00: Start of competition

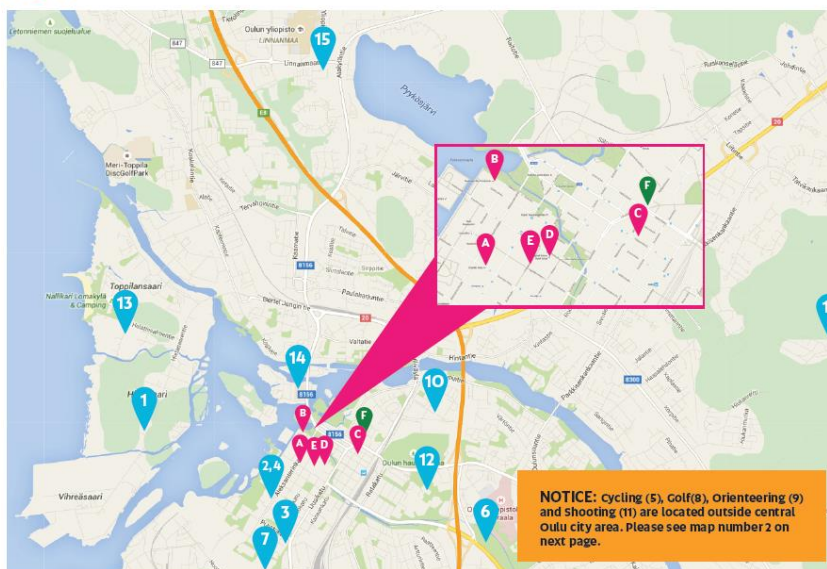
TEAMS AND COMPETITION:

Each team shall have six (6) lifters: one (1) Subjunior, one (1) Junior, one (1) women and three other lifter (who can be either sex or any age category).

Team can nominate three reserve lifter.

Competition will run with two groups where are three lifter from each team.

Map 1 Locations in Central Oulu City Area



Hotels:

- A Scandic
- B Radisson
- C Cumulus
- D Sokos Arina

Opening event location

E Rotuaari
Kirkkokatu 8, 90100 Oulu

Get together event location

2,4 Oulu City Sports Centre (Urheilutalo)

Bus parking

F Myllytulli
Myllytullinkatu 1-3, 90100 Oulu

Sport locations

- | | | | |
|--------------|-----------------|-----------------|------------------|
| 1 Archery | 5 Cycling | 9 Orienteering | 13 Tennis |
| 2 Basketball | 6 Disabledsport | 10 Powerlifting | 14 Track & field |
| 3 Bowling | 7 Football | 11 Shooting | 15 Volleyball |
| 4 Boxing | 8 Golf | 12 Swimming | |

