



## Program for swimming and paraswimming

### Friday March 16<sup>th</sup>

13.00 – 18.30	Registration office in the hotel is open
From 15.00	Check-in at the Clarion Sense Hotel
16.00 – 17.00	Swim in at Pontusbadet, walking distance
17.00 – 17.30	Leader meeting at Luleå Energi Arena (conference room)
16.30 – 18.30	Dinner at Luleå Energi Arena (walking distance)
19.00 – 19.45	Opening Ceremony at Norra Hamn (walking distance)
20.00 – 21.00	Swim in at Pontusbadet, walking distance

### Saturday March 17<sup>th</sup>

06.45 – 08.30	Breakfast at the hotel
08.00 – 08.50	Swim in
09.00	Competition start, session 1
11.00 -14.00	Lunch at the arena
13.30 – 14.20	Swim in
14.30	Competition start, session 2
	Prize Ceremony
16.30 – 18.30	Dinner at Luleå Energi Arena
18.15+18.40+19.05	Transportation to Get-Together (Alcatraz) bus from Elite Hotel All buses 19.05 will also pass Luleå Energi Arena
19.30	Flag Ceremony/Get-Together at Alcatraz activity center
21.30 – 22.30	Transportation - bus back to Elite Hotel

### Sunday March 18<sup>th</sup>

06.45 – 09.00	Breakfast and check out at the hotel
11.00 – 14.00	Lunch at the Luleå Energi Arnea
	Departure

Contact persons:

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 **PARASPORT**  
/NORRBOTTEN