



Program for gymnastics

Friday March 16th

13.00 – 18.30	Registration office in the hotel is open
From 15.00	Check-in at Elite hotel
16.30 – 18.30	Dinner at Luleå Energi Arena (walking distance)
19.00 – 19.45	Opening Ceremony at Norra Hamn, walking distance

Saturday March 17th

06.30 – 07.00	Breakfast at the hotel
08.00	Transportation to the arena (Elite HTL – Älvsbyn)
09.30 – 10.00	Individual Warm up
10.00 – 12.00	Scheduled warm up on apparatuses incl. lunch in the competition hall.
11.00 – 14.00	Lunch at the arena
12.00 – 15.10	Competition
15.10	Medal Ceremony
15.30	Transportation to the hotel incl. Barents meeting (Älvsbyn - Elite HTL)
16.30 – 18.30	Dinner at Luleå Energi Arena
18.15+18.40+19.05	Transportation to Get-Together (Alcatraz) bus from Elite Hotel All buses 19.05 will also pass Luleå Energi Arena
19.30	Flag Ceremony/Get-Together at Alcatraz activity center
21.30 – 22.30	Transportation - bus back to Elite Hotel

Sunday March 18th

06.30 – 07.00	Breakfast and check out at the hotel
11.00 – 14.00	Lunch at Luleå Energi Arena (walking distance)
	Home departure

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